



ACT NOW!

Don't delay!



SEIUHealthcare®
United for Quality Care

If you fail to act, you will pay!

The PEBB has adopted new benefits surcharges for smokers and for people whose spouse passes up other equivalent insurance to be on the PEBB... and if you don't act, you will be charged the surcharge!

WHAT DO I HAVE TO DO?

Go online to MyAccount at www.hca.wa.gov/pebb
If you don't already have an account, register for one.

1. On the blue menu bar, click on "my attestations"
2. Fill out the questions about tobacco use and spousal coverage
3. Relax knowing you're on top of this!

DEADLINE:
May 15!

Don't delay! Log in today!



BUT WAIT! *There's more....*

I CAN GET MONEY? How do I do that?

That's right... by participating in wellness activities you can earn \$125 off your premium fees or an additional \$125 in your health savings account!

1. Choose a primary care provider. See your plan's website or call their customer service for help finding one.
2. Fill out your plan's health assessment. Find it on your plan's website or call your plan's customer service line for a paper copy. Assistance finding it is at www.hca.wa.gov/pebb/pages/wellness.aspx
3. Start a SmartHealth wellness program activity. Attest that you've started one of a list of qualifying activities, from eating your vegetables to exercising. The full list is on the PEBB website. Visit My Account at www.hca.wa.gov/pebb on the "my attestations" page to say you've done these things.

DEADLINE:
June 30!