



Making our voices heard for our patients, ourselves, and our future!

Pharmacists, Dietitians and Pharmacy Buyers are voting to join our union along with the rest of our coworkers at Swedish. You should have received your ballot for our union election! This election will decide the future of our ability to gain a union contract and security.

With SEIU, our Dietitian and Pharmacy colleagues at Edmonds, along with Techs and Registered Nurses in our units, will win strong contracts with the highest standards for wages, benefits and working conditions.

I'm Voting Yes!

"I am voting yes to the union because I want to see dietitians rewarded for excellence as they complete specialty certifications in order to provide the highest quality care to our patients."

Jen Plumb, Dietitian



Being union is clearly better!

"As a pharmacist who has seen and felt the union difference, I'm very excited that the pharmacist and pharmacist buyers at Swedish Medical Center are voting Yes to join our union. I'm excited for you to be empowered and have a seat at the bargaining table. **As management continues to introduce changes to the workplace, having the power in unity gives you a say in what those changes look like.**"

Liv Brakstad, Pharmacist, UW Medical Center - Northwest Hospital



"I was excited to hear that my former coworkers at Swedish were voting to join our union. As a former Swedish Dietitian, I understand well what must be motivating folks to make this decision. I remember us trying to address pay inequities by raising concerns about the practice of giving our most experienced staff the lowest raises — keeping the end of the pay scale out of reach — by collecting data to prove our wages were far behind the market compared to other systems in our city, and by advocating for why our commitment to advanced training and years of dedication deserved recognition in the form of certification pay, to name a few. I remember the frustration we felt when our concerns or ideas would be dismissed as not important, not necessary, or not achievable without a clear avenue or advocate to keep fighting for changes. **I want my coworkers who are deciding whether to vote Yes for a union to know that I do not feel that way as a member of the union at Harborview. I feel more**

supported as a department and as an individual. Being part of our union has meant not taking No as a final answer and realizing that together we can have a voice in not only pay, but in other big decisions that impact our work environment — like scheduling processes, dress codes, FTEs and more. It has made a difference in my work-life balance and in my job satisfaction. Being union is clearly better."

Rachel Aldridge, Dietitian, Harborview Medical Center

Now it's our turn!
Join over 8000 SEIU members at Swedish.

VOTING IS EASY

1. Mark your ballot by placing an X in the appropriate box. Do not sign or write your name or include other markings that would reveal your identity.

****If you submit a ballot with markings inside, or anywhere around, more than one square, your ballot will not be counted. You may request a new ballot by calling the regional office at the number below.****

2. Put your ballot in the blue envelope and seal the envelope.

To be counted, your ballot must reach the Regional Office by 3:00 PM on Tuesday, October 19, 2021. If you have not received your ballot or need to request a new one, contact the National Labor Relations Board at (206) 220-6300.

3. Put the blue envelope containing the ballot into the yellow addressed return envelope.

4. Sign the back of the yellow return envelope in the space provided. To be counted, the yellow return envelope must be signed.

5. Mail the ballot immediately, no postage is necessary.

I'm Voting Yes!

"I am excited to hear that people I work with are joining the union. We stand up for each other, all of us brothers and sisters in the union back each other up. We have strength in numbers, and when we stand together for a common goal, we win!"

Sheryl Valdez, Pharmacy Tech, First Hill



JOIN US!



STICKER UP TUESDAY 10/5!

Join your coworkers and other union members in wearing our Union Yes sticker! Our right to engage in collective union activities, like wearing a union sticker, is protected by state and federal law. This right is guaranteed by the National Labor Relations Act.