



## Learn About How to Access Our Benefits at Open Enrollment

Open enrollment is a really important opportunity to learn about the benefits we have at Providence Swedish. We are committed to making our benefits more accessible by overcoming language and computer barriers and the general confusion that sometimes comes up when navigating health insurance. This is one way we can help make sure we are all healthy and paying the least amount possible for our benefits.

That's why our Benefits and Wellbeing Labor Management Committee – Providence Swedish and SEIU Healthcare 1199NW – is excited to be holding in-person drop-in sessions and Zoom meetings to bring you the important information all caregivers need, even those who aren't making any changes.

"We want to help everyone understand all the benefits that's out there. It's important to know what you're signing up for, what your options are, and what is going to be best for you and your family. If you have questions, we'll be there to guide you. This is going to be a good tool for everyone." - **Margie McInnis, Lead Sterile Processing Tech, Sterile Processing, First Hill**



### Open enrollment runs Wednesday, October 26, 2022 through Friday, November 11, 2022

Campus	Date	Time	Location
	Wednesday, October 26	12-1pm	Zoom
First Hill	Thursday, October 27	2:30-4pm 6-8pm	Glaser Auditorium
Ballard	Friday, October 28	12-1pm 6-8pm	4th floor computer lab
First Hill	Monday, October 31	12-1pm	Glaser Auditorium
Cherry Hill	Monday, October 31	12-1pm	Cherry Hill Professional Building Room 302B
Ballard	Tuesday, November 1	12-2pm	4th floor computer lab
Edmonds	Tuesday, November 1	12-2pm and 6-8pm	4th floor computer lab
Issaquah	Wednesday, November 2	12-1pm and 6-8pm	Tech Training Room in the Conference Center
Mill Creek	Thursday, November 3	12-1pm	Break Room
Redmond	Friday, November 4	12-1pm	Break Room
Edmonds	Friday, November 4	12-1pm	4th floor computer lab
Issaquah	Monday, November 7	12-1pm	Tech Training Room in the Conference Center
Cherry Hill	Tuesday, November 8	11am-1pm 6-8pm	Cherry Hill Professional Building Room 302B
	Wednesday, November 9	5-6pm	Zoom



Scan this QR code to access the Zoom meeting at the scheduled time: <https://1199nw.org/3ePUO27>



## Reasons to come to open enrollment even if you are not making a change



“It’s important to be informed so you don’t have any surprises. Open enrollment allows you to ask questions and get informed about your options. I’ll be at some of the drop-ins to try and answer questions or get you pointed in the right direction! I hope to see you there!” - **Mary Hurt, Financial Counselor, Patient Access, Edmonds**



“There are a lot of benefits that we have won at Providence Swedish that many of us don’t know about, some that are at no cost to the caregiver. We will be providing information about these benefits at open enrollment and encourage everyone to come even if you are not making a change to your plan enrollment. You may not be aware or a particularly important benefit that we want to emphasize, which is the behavioral health benefit called Lyra. Providence Swedish also offers a range of supplemental benefits like home and car insurance, pet insurance, legal referrals, etc.

Additionally, due to recently negotiated pay increases, caregivers that are going above the earning threshold of \$60,000 per year for the first time will have to complete wellness points that they may not have had to complete in the past two years. Those that are eligible still have access to the Medical Plan Assistance Program (MPAP) which could reduce your medical costs as well as enter you into the financial assistance program for reductions in copays and deductibles for those that are eligible. We will have these forms available at open enrollment.” - **Jane Wakamatsu, Biller, Family Medicine Clinic, Cherry Hill**

- ✦ Learn about behavioral health coverage
- ✦ Family members that need coverage
- ✦ Signing up for the Medical Plan Assistance Program (MPAP)
- ✦ Enrolling in the Flexible Spending Arrangement (FSA)
- ✦ Learn how to meet your Choose Well goal through Virgin Pulse
- ✦ Supplemental benefits, such as pet insurance, legal support, etc

## Your 2022 Choose Well Requirements (to receive the premium reduction called the “Health Incentive”)

The 2022 Choose Well Goal is 40,000 points. For an additional reduction your spouse or domestic partner can reach a 20,000 points goal. Your coworkers on the Benefits and Well-being committee recommend completing these three activities to get 35,000 points:

1. Health Check
2. Flu vaccination
3. Primary Care Provider or Behavioral Health visit attestation