



Nutrition Is the Bread and Butter of Healthcare! Happy Nutrition Services Week

As Dietary workers, we know that the work we do is vital – we keep our patients fed and nourished to support their health so that they can continue to receive the best care possible. That’s why we continue to advocate for ourselves, from the bargaining table to the legislature in Olympia. This past legislative session, we won a worker safety bill that will support our health by protecting us from economic injuries.



This week is meaningful because we know that we are highly skilled and valuable to our workplaces. We deserve to be treated accordingly!



“As a Food Nutritionist, I take pride in what I do every day. Whether it is cold production, a cook, food services, or doing floor stocks, it is all important. Because patients are in meal routines every day and patients are time tracking on their medication, we are just as important as clinical workers.

In my department everyone is involved with what we do for our patients, customers, our fellow co-workers, and the entire Valley Hospital community!”
- **Gena Meyer, Food Production Worker, Valley Hospital**



“Nutrition plays an important role in everyone’s lives, but especially the sick and the healing. From dishwashers to dieticians and everyone in between, we all play our part in providing care for patients, family, and staff. We may not be

as hands-on as other departments, but our value to patients and MultiCare should not be underestimated.” - **Robbie Healy, Diet Office Clerk, Deaconess Hospital**



“This Nutrition Services week, we celebrate your dedication to ensuring patients in our healthcare facilities are well-fed and nourished. Because of your work, care teams across our union are able to meet all the care needs of our patients. It has been a challenging year, but in the face of all the changes, you have remained resilient in your efforts to serve those around you. You have continuously harnessed your unity to win exceptional standards and racial justice in all of your workplaces, both at the bargaining table and in your department. Our entire union is joining me in celebrating Nutrition Services Week by acknowledging each and every one of you, Nutrition professionals, for your hard work, commitment, and leadership.” – **Jane Hopkins, RN, President of SEIU Healthcare 1199NW**